AI and the IB

Supporting your thinking. Not replacing it.

1. General Homework

DO ✓	DON'T ✗
Try the task yourself first, then use AI to check your understanding	Skip your own attempt and go straight to AI
Ask AI to explain a concept in a different way if you are stuck	Use AI summaries instead of making your own notes
Ask AI to quiz you, but upload your notes, spec or textbook pages first so the questions are relevant	Let AI do the thinking. Learning happens in the struggle, not in the answer

2. Reviewing and Revision

DO ✓	DON'T ✗
Use AI to generate practice questions based on your actual notes or spec	Assume AI questions match the IB style. Always check real past papers
Ask AI to explain what marks come from or what examiners are looking for	Rely on AI to summarise your revision instead of testing yourself properly
Use it to test yourself verbally. Ask it to challenge your answers. For example, ask it: "Why is that?" "What is the counterargument?"	Use AI to mark your own practice answers. It often gets the marks wrong

3. Essay Writing

DO ✓	DON'T ✗
Write your draft first, then use AI for feedback	Ask AI to write any part of the essay for you
Share the essay title and any guidance so the feedback is actually relevant	Copy and paste AI suggestions without rewriting them in your own voice
Ask AI to point out weak arguments, missing evidence or gaps in your reasoning	Assume AI feedback is correct. Use it as a starting point, not a final answer

4. IB Specific: IAs and EEs

DO ✓	DON'T ✗
Share the rubric with AI so any feedback is tied to the actual IB criteria	Ask AI to write your IA, EE or any part of assessed coursework
Use AI to check whether your research question or argument actually makes sense	Submit anything AI has written or heavily reworded. If you get caught, you could get a zero for the work and lose your diploma
Ask AI where your work is weak and how to fix it	Assume AI knows the current IB rules. Check the IBO website **ibo.org** for the latest guides

The IB assesses your thinking. *AI cannot do that part for you.*

AHA STUDY HUB